

# 4th Annual IWFFA / Jersey Shore Women's Flag Football Tournament



Hosted by: NJWFF  
July 18 - 19th, 2015



Email: [teammanager@njwff.com](mailto:teammanager@njwff.com)

Web: [www.njwff.com](http://www.njwff.com)



WELCOME TO THE

4th Annual JERSEY SHORE TOURNAMENT

New Jersey Women's Flag Football is a nonprofit organization dedicated to growing women's flag football. It was established in March of 2012. We support good sportsmanship, team work, and continual improvement. We understand the importance of sports in women's lives and provide a supportive, fun environment. **KNOWLEDGE, INTENSITY, INTEGRITY, TEAMWORK!**

The Jersey Shore Tournament is a Charity Flag Football tournament to raise money to support the Fins Up Foundation for Female Athletes. The Fins Up Foundation annually sponsors young girls to involve them in sports, specifically football. High school girls who play sports are less likely to be involved in an unintended pregnancy; more likely to get better grades in school and more likely to graduate than girls who do not play sports. Girls and women who play sports have higher levels of confidence and self-esteem and lower levels of depression. Girls and women who play sports have a more positive body image and experience higher states of psychological well-being than girls and women who do not play sports.

We have an exciting weekend of flag football and camaraderie ahead of us and we are excited to welcome everyone to our fourth annual Jersey Shore Tournament.



# Tournament Schedule

## Saturday July 18th, 2015

8:00 am	Breakfast Shop vs Lady Eagles
9:15 am	War Eagles vs Breakfast Shop
10:30 am	Breakfast Shop vs Gothamites
11:45 am	Fire vs Lightning
1:30 pm	Gothamites vs Fire
2:45 pm	Lightning vs Lady Eagles
4:00 pm	War Eagles vs Fire

## Sunday July 19th, 2015

9:00 am	Gothamites vs Lady Eagles
10:15 am	Lightning vs War Eagles
12:00 pm	2 vs 3
1:30 pm	1 vs 4
3:00 pm	Championship

## Chain Gang

8:00 am	Fire
9:15 am	Lightning
10:30 am	War Eagles
11:45 am	Breakfast Club
1:30 pm	War Eagles
2:45 pm	Gothamites
4:00 pm	Lightning

# Chelseas



**RESTAURANT & PUB** *Since 1999*  
 Food • Sport • Camaraderie **908-437-0311**



The International Women's Flag Football Association (IWFFA) is an alliance of girls and women's flag football teams, leagues and individual players from around the world. An organization run by women.

Our mission is to provide an opportunity for all females regardless of race, nationality, age, economic status or sexual orientation to enjoy healthy competition, have fun, develop teamwork skills, learn fair play, good sportship, standardize rules of the game, create new teams and unify exiting teams and leagues to help organize the sport.

Our goal is to promote the educational process, assist our players through our tournaments, trainings and promotional tours to build self-esteem, confidence, enhance leadership skills to better compete in the business and political world to one day have peace and to professionalize the sport of flag football for women.

We are a central office and support for girls and women's flag football, rank teams internationally, offer discounts for equipment and offer education and trainings in regions of the world where the sport does/does not exist. We also offer scholarship funds to underprivileged teams so that they may compete in IWFFA tournaments.

## 2015 IWFFA CIRCUIT OF TOURNAMENTS

*\$500 to #1 woman's team for 2015*

*Kelly McGillis Classic International Female Flag Football Championship, Key West, FL.  
 24th January 12-19, 2015*

*Tegucigalpa, Honduras Hosted by HWFFL  
 1st March 28 - 29*

*Stavanger, Norway (friendship games)  
 1st April 18*

*Puerto Rico -Hosted by PRFFL  
 1st June 11 - 15*

*Jersey Shore, New Jersey - hosted by NJWFF  
 4th July 18 - 19*

*Norristown, Pennsylvaniahosted by NWFFL  
 1st August 8 - 9*

*Gothenburg, Sweden hosted by Angels  
 15<sup>th</sup> August 29 - 30*

*Kate Clinton Classic, Ptown, Massachusetts  
 10<sup>TH</sup> September 18 - 20*

*Guatemala hosted by Gladiadoras  
 2nd October 31 - November*

## 2016

*25th Kelly McGillis Classic International Female Flag Football Championship **Special celebration!**  
 International Teams confirmed: (2) Panama, (2) Mexico, Canada, Honduras, Norway*

***NEW:** Offering 5 on 5 non-contact as well as 8 on 8 IWFFA rules !*

- January 28 - February 1, 2016
- Full Week of Events January 25 - February 1

*Full list of tournaments and their 2016 dates will be added onto our website: <http://www.iwffa.com>*

## Clover Hill Animal Hospital

Ann Ascher, DVM

Christy Artuso, VMD

Route 202-31 South  
Flemington, NJ 08822

(908) 806-4525

[www.cloverhillanimalhospital.com](http://www.cloverhillanimalhospital.com)



## JUMP START YOUR FITNESS & SHAPE UP NOW!

4 weeks of fun, energizing outdoor activities designed to help you reach your fitness goals FAST!



ALL SHAPES,  
SIZES & AGES  
WELCOME

NEW CAMP DATES  
Sept 8 - Oct. 3  
Oct. 13 - Nov. 7  
Nov. 17 - Dec. 19  
6:00am - 7:00am  
Register Online at:  
[GSBootCamp.com](http://GSBootCamp.com)

Program Includes:  
• Weights • Circuits  
• Interval Training  
• Short Distance Running  
• Obstacle Courses  
• Fitness Games • Pilates  
• Core & Flexibility Training

Lose Inches • Get A Firmer Body • Reduce Body Fat  
Increase Strength & Endurance • Improve Self-Confidence

HURRY!  
Spaces Fill Quickly  
For This Unique  
Experience!

GARDEN STATE  
**ADVENTURE**  
BOOT CAMP

LOCKER  
ROOMS &  
SHOWERS  
AVAILABLE

GET FIT NOW ... Call Us or Sign-Up Online Today!

[GardenStateBootCamp.com](http://GardenStateBootCamp.com)

908-581-1930

Located At: The Bridgewater JCC, 775 Talamini Road

## Hunterdon Paint



908-534-4300

Hours: Mon.-Fri. 8:00 to 5:30  
Sat. 8:30 to 4:00  
Sunday Closed

3549 Route 22 East  
P.O. Box 258  
Whitehouse, NJ 08888

[www.hunterdonpaint.com](http://www.hunterdonpaint.com)



BISHOP & BISHOP  
WINE SPIRITS

JAMES BISHOP Store Manager

e-mail [bishopsnj@earthlink.net](mailto:bishopsnj@earthlink.net) phone 908-534-2316  
HWY 22, Whitehouse Station, NJ 08889 fax 908-534-1627

Red Bank  
**RBG Gastroenterology**  
ASSOCIATES

JOSEPH F. BINNS, MD Y. ALEXIS-CHOI, MD  
JOSEPH A. MARZANO, MD HOWARD HAMPEL, MD, PhD  
ROBERT J. GIALANELLA, MD DOUGLAS M. WEINE, MD  
GREGORY J. HEYT, MD SUBHA SUNDARARAJAN, MD

365 Broad Street Red Bank, New Jersey  
T: 732-842-4294 [www.rbgastro.com](http://www.rbgastro.com)

(908) 534-9701  
[www.dwchimney.com](http://www.dwchimney.com)

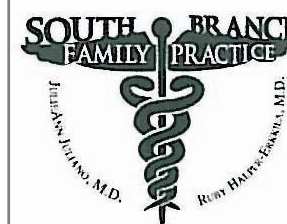


**D & W Chimney & Fireplace Shop**

STOVES, FIREPLACES, & GAS LOGS  
ALL TYPES OF FIREPLACE ACCESSORIES

JOANN & WALTER ZACIOS  
Owners

489 U.S. HWY. 22 EAST  
WHITEHOUSE STATION, NJ 08889



Julie Ann S. Juliano, MD  
South Branch Family Practice

48 Robbins Road  
Branchburg, NJ 08876

p: 908 685 8080  
f: 908 685 1925

[www.BranchburgDoctors.com](http://www.BranchburgDoctors.com)  
**PLEASE CALL FOR APPOINTMENT**

**jeffrey b. green, d.d.s.**  
**richard f. genovese, d.d.s.**  
general dentistry for the family

105 state hwy 31 • suite 100, flemington, n.j. 08822 • (908) 782-1820



Located next to ShopRite  
in the 7-Eleven Shopping Plaza  
908-237-0882

- Copying & Collating • Letterheads • Business Cards • Flyers • Signs • Direct Mail Marketing
- Xpress Ads Advertising • Banners • Graphic Design • Menus • Invitations
- Announcements • Newsletters
- Brochures • Booklets • Notepads • Catalogues • NCR Forms • Promotional Items
- Wide Format - Construction Plans & MUCH MUCH MORE



268 US Highway 202/31, Flemington, NJ 08822  
Ph: 908.237.0882 • Fax: 908.237.0890

Email: flemington@minutemanpress.com • Web: flemington.minutemanpress.com

Congratulations and Good Luck to the NJWFF Fire



Core Strength and Conditioning, LLC and Ace Lobster Co. Inc



WWW.PIZZA22.COM  
908-534-4410  
Fax: 534-1670

OPEN 7 DAYS A WEEK  
Sunday 11:00 AM to 9:30 PM  
Monday - Saturday - 10:30 AM to 10:00 PM



Established 1974

**RAAB COINS, INC.**

AMERICAN & FOREIGN GOLD & SILVER COINS

Hunterdon County's  
Oldest Coin Store



**BUYING GOLD & SILVER**

- Gold, Silver & Platinum Bullion
- Certified Rare Date & Modern Coins
- Scrap Gold & Silver, Old & Broken Jewelry
- US proof & Mint Sets, including Current Issues
- Estates & Collections, Appraisals & Liquidations



56 MAIN STREET, FLEMINGTON, NJ 08822  
for current pricing or additional information please call or email:

Tel: 908-782-0840  
Toll Free: 800-819-9875  
rcoins@comcast.net or raabcoins@comcast.net  
MEMBER BETTER BUSINESS BUREAU

**BONI** Tire & Auto Service

Honest and Friendly Service, Trustworthy Pricing.



257 Rt. 202/31 South  
Flemington, NJ 08822-1755

Dan Boni Jr, Manager  
(908)782-3838  
bonitire@gmail.com

**DeMarco Brothers**

(908) 534-2010  
Fax: (908) 534-2693  
390 HWY 22 West  
Whitehouse, NJ  
Between Somerville & Clinton  
Just North of Flemington

**Suppliers Of:**

- Techo-Bloc Pavers & Wall Systems
- Husqvarna, Subaru Generators & Pumps
- Bluestone, Wallstone, PVC Pipe,
- Grass Seed, Limestone,
- Outdoor Kitchens, Plus
- Extensive Landscaping & Masonry Supplies

demarcobros@embarqmail.com • www.demarcobrother.com



**Darrow's**  
***Sporting Edge***  
**HUNTERDON COUNTY'S PREMIER**  
**SPORTING GOODS STORE**  
*KINGS SHOPPING CENTER, RT. 22 EAST, WHITEHOUSE STA.*  
**908-534-2838**

Special Thanks to Fred Boenig, Neptune Recreation for helping us obtain the field,  
to Neptune Pop Warner Corporation for allowing us to use their game day field.  
Thank you all for your support!

